

Ounce Equivalents for Centers

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Once you enable **policy M.17** to use ounce equivalents in CX and KidKare and update ^{CDT} your food list, your centers will be able to:

- Override the ounce equivalents calculation saved to the food list when recording menus in CX and KidKare.
- View all estimated and actual quantities required in ounce equivalents.
- Record actual quantities and leftover quantities in the common unit or in ounce equivalents (depending on your setting for M.01g).

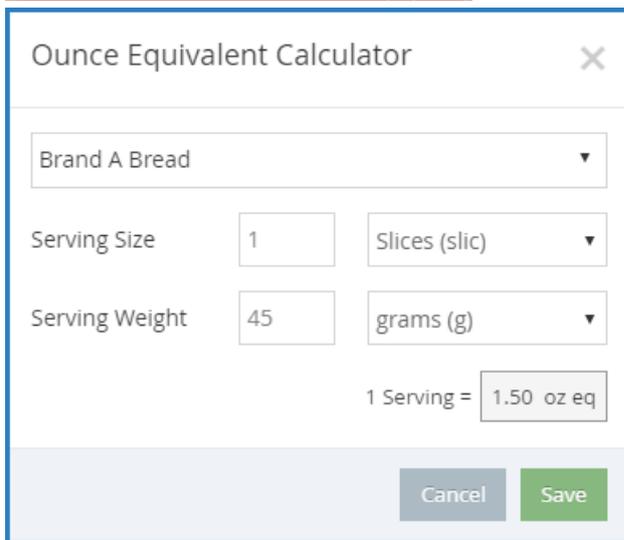
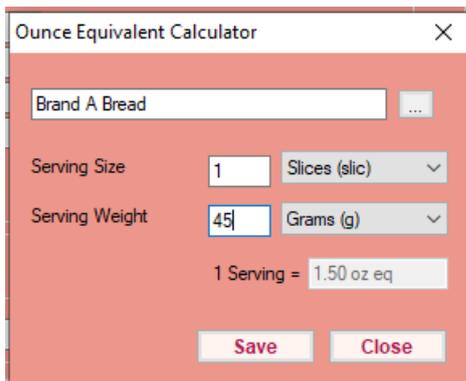
Provide the information and links in this article to your centers to help them implement ounce equivalents at their location.

Override the Food List Ounce Equivalents Calculation

This feature is available both in Minute Menu CX and in KidKare for centers. [Click here to view how to override this calculation in KidKare](#). The instructions below cover how to override the calculation in Minute Menu CX.

Note: If you lock the calculation on the food list, your centers will not be able to override it in the Record Menu window or on the Daily Menu page in KidKare.

1. Click the **Menus/Attendance** menu and select **Record Center Menus**. The Record Menu window opens.
2. Record menus as you normally would.
3. Click **Calculate Oz Eq for Bread/Alt** or **Calculate Oz Eq for Infant Cereal**. The Ounce Equivalent Calculator dialog box opens.
4. Click the **Serving Size** box and update the common serving size, if needed. Following our example above, we'll leave this set to 1 Slice.
5. Click the **Serving Weight** box and update the serving weight as stated on the nutritional label for your food. In our example, we need to change this to 45.
6. Use the corresponding **drop-down menu** to select the weight unit. This will typically be grams (g), but some labels may give the serving weight in ounces. If this is the case, select ounce (oz). Once you set the new weight, the 1 Serving = box updates and displays the total ounce equivalents in one serving of your food item. Continuing our Brand B example, you'll see that Brand B contains 1.5 oz eq in one serving vs the 1 oz eq saved to the food list for Brand A.



7. Click Save.

View Estimated & Actual Required Quantities in Ounce Equivalents

When ounce equivalents are enabled, the Record Menu window in CX and the Daily Menu page in KidKare list quantities in the following format: Common Unit - #.## oz eq. For example, this could be 1 slice - 1.5 oz eq.

Record Menu

Please note that any food that starts with "fbg-" is a food that will be calculated in PURCHASING quantities according to the Food Buying Guide, when the others are in serving quantities.

Select Date: Thursday, August 19, 2021 Meal: Lunch

Meal Time: 12:00p - 1:00p

Non - Infant Foods

Bread / Alt: 100% Whole Wheat Break ... Qty Rqd per Estimates: 2 1/2 slic - 2.50 oz eq

Is this whole grain-rich?

Meat / Alt: Turkey Ground ... 7 1/2 oz

Veg: Tomatoes ... 1 1/4 c

Veg / Fruit: Watermelon ... 1 1/4 c

Milk: Lowfat Milk - 1% ... 3 3/4 c

Buttons: Calculate Oz Eq for Bread/Alt, Record Leftover Quantities

Infant Foods

0-5 Months

Bread Milk / Formula: Breast Milk / Iron Fort. Inf ...

6-11 Months

Bread Milk / Formula: Breast Milk / Iron Fort. Inf ... 18 floz

Infant Cereal: Infant Barley Cereal ...

Meat / Alt: ...

Vegetable: ...

Fruit: Melon ...

Buttons: Calculate Oz Eq - Cereal, Record Leftover Quantities

Buttons: Estimate Attendance, Menu Production Record, Monthly Menu Report

Served Meals

	Actuals	Estimates
Infants 0-5 mo:	0	0
Infants 6-11 mo:	0	3
1 yr:	0	0
2 yr:	0	0
3-5 yr:	0	5
6-12 yr:	0	0
13-18 yr:	0	0
Adults:	0	0
Totals:	0	8

Buttons: Use Menu Template

Special Notes

Non-Infants

Infants

Buttons: Delete, Save, Close

Lunch Meal Time: 10:30 AM - 11:30 AM

Buttons: Menus, Create Menu, Delete, Save

Meat/Alternate	Estimated Quantity Required	Actual Quantity Served
BBQ Chicken (220)	7.5 ounces (oz)	+
Bread/Alternate: Bread (011)	2.5 slices - 2.5 oz eq	+
Vegetables: Asparagus (150)	1.25 cups (c)	+
Fruit/Vegetable: Apples (001)	1.25 cups (c)	+
Milk: Fluid Milk (7)	3.75 cups (c)	+

Buttons: Meal Pattern Requirements, Record Leftover Quantities

Attendance Summary

Age	Estimated	Actual
1 yr	0	0
2 yr	0	0
3-5 yr	5	0
6-12 yr	0	0
13-18 yr	0	0
Adult	0	0
Total	5	0

Menu Notes

If you require your centers to enter actual quantities served and set policy M.01g to N, they will only see ounce equivalents reflected in the Record Menu window and on the Daily Menu page.

Record Actual Quantities & Leftover Quantities

If you have set policy M.01 to Y, your centers must record quantities served. You may also require them to record leftover quantities. Once you enable ounce equivalents, you have an additional option for your centers: M.01g. This policy dictates whether the center can enter quantities using a common unit of measurement and have CX/KidKare calculate ounce equivalents based on your food list, or whether they must simply enter

quantities directly in ounce equivalents.

If **M.01g** is set to **Y (default)**, the center simply enters quantities as they normally would:

The 'Record Actuals' window shows a date of Wednesday, August 18, 2021, and a meal of Breakfast. Under 'Non - Infant Foods', the 'Bread / Alt' category has 'Bagel' selected with a quantity of 6 and a unit of 'Servings (serv)'. A checkbox for 'Is this whole grain-rich?' is unchecked, and the equivalent weight is shown as 12.00 oz eq. Other categories like Meat, Veg, Fruit, and Milk are listed with empty input fields. Buttons for 'Delete', 'Save', and 'Close' are at the bottom.

The 'Enter Actual Quantities Served' window displays a list of food items with their respective quantities and units. The 'Bread/Alternate' row, containing 'Bagel' with a quantity of 6 and unit of 'Servings (serv)', is highlighted with a red border. Other items include 'Cottage Cheese' (20 ounces), 'Bananas' (4 cups), '1% / Skim Milk' (16 cups), 'Whole Milk' (0 cups), and 'Substitute Milk' (0 cups). 'Cancel' and 'Save' buttons are located at the bottom right.

And Minute Menu CX or KidKare does the conversion for them. The common unit and the ounce equivalents display.

Record Actuals [X]

Select Date: Wednesday, August 18, 2021 Meal: Breakfast

Non - Infant Foods

Bread / Alt: Bagel Qty: 6 Servings (serv) Is this whole grain-rich? 12.00 oz eq

Meat / Alt: Cottage Cheese
 Veg:
 Fruit: Mandarin Oranges
 Milk: Whole Milk
 Milk: 1% / Skim Milk
 Milk: Substitute Milk

[Delete] [Save] [Close]

Food Program > Daily Menu

08/18/2021 Infants Non-Infants Menu Production Record Estimate Attendance

Breakfast Meal Time: 06:30 AM - 07:30 AM

Menus Create Menu

Meat/Alternate: Cottage Cheese (051) Estimated Quantity Required: 10.5 ounces (oz) Actual Quantity Served: 20 ounces (oz)

Bread/Alternate: Bagel (001) Estimated Quantity Required: 5.25 Servings (serv) - 10.5 oz eq Actual Quantity Served: 6 Servings (serv) - 12 oz eq Is this whole grain-rich? (N) No

Calculate Oz Eq for 1 Serving

Vegetables:
 Fruit: Bananas (004) 6.5 cups (c) 4 cups (c)
 Milk: Fluid Milk (7) 11.75 cups (c) 1 gallons (gal)

Meal Pattern Requirements Record Leftover Quantities

Attendance Summary

Age	Estimated	Actual
1 yr	0	0
2 yr	0	0
3-5 yr	5	0
6-12 yr	8	0
13-18 yr	0	0
Adult	0	0
Total	13	0

Menu Notes

If M.01g is set to N, the center must enter all quantities in ounce equivalents. They are unable to change the unit of measurement.

Record Actuals [X]

Select Date: Wednesday, August 18, 2021 Meal: Breakfast

Non - Infant Foods

Bread / Alt: Bagel Qty: 12.00 ounce eq. Is this whole grain-rich?

Meat / Alt: Cottage Cheese
 Veg:
 Fruit: Mandarin Oranges
 Milk: Whole Milk
 Milk: 1% / Skim Milk
 Milk: Substitute Milk

[Delete] [Save] [Close]

Enter Actual Quantities Served

Meat/Alternate	Cottage Cheese	0	ounces (oz)
Bread/Alternate	Bagel	0	ounce eq.
Fruit	Bananas	0	cups (c)
Milk	1% / Skim Milk	0	cups (c)
Milk	Whole Milk	0	cups (c)
Milk	Substitute Milk	0	cups (c)

The quantities added show in ounce equivalents.

Record Actuals

Select Date: Wednesday, August 18, 2021 Meal: Breakfast

Non - Infant Foods		Qty	
Bread / Alt	Bagel	12.00	ounce eq.
<input type="checkbox"/> Is this whole grain-rich?			
Meat / Alt	Cottage Cheese		
Veg			
Fruit	Mandarin Oranges		
Milk	Whole Milk		
Milk	1% / Skim Milk		
Milk	Substitute Milk		

Food Program > Daily Menu

08/18/2021 Infants Non-Infants Menu Production Record Estimate Attendance

Breakfast Meal Time: 06:30 AM - 07:30 AM

	Estimated Quantity Required	Actual Quantity Served
Meat/Alternate	Cottage Cheese (051) 10.5 ounces (oz)	20 ounces (oz)
Bread/Alternate	Bagel (001) 10.5 oz eq	12 oz eq
Vegetables		
Fruit	Bananas (004) 6.5 cups (c)	4 cups (c)
Milk	Fluid Milk (7) 11.75 cups (c)	1 gallons (gal)

Attendance Summary		
Age	Estimated	Actual
1 yr	0	0
2 yr	0	0
3-5 yr	5	0
6-12 yr	8	0
13-18 yr	0	0
Adult	0	0
Total	13	0

Menu Notes

Center Resources for KidKare

If your centers use KidKare for their food program activity, you can link them to our [Grains Ounce Equivalents](#) category on the KidKare Knowledge Base. This page contains links to all knowledge content for grains ounce equivalents and how it applies to the center user. Please note that some of the content in this category does apply to independent centers only—and we've called it out where it exists.

Override Calculator Infographic

Your centers can print this useful infographic to learn how to use the override calculator in KidKare! Click the image to view the full size version.

New Ounce Equivalents Calculation Feature!
This helps you account for weight differences between brands of the same food when determining required quantities.

HOW TO USE OUR OVERRIDE CALCULATOR?

- Go to Food Program/Full Menu/Select a Bread/Alt**
Click here (for a link) to go to the override calculator.
- The Ounce Equivalent Calculator pop-up opens.**
 - Update the common serving size, if needed.
 - Drop-down menu to select the weight unit. This will typically be grams (g), but you can select ounces if the serving weight in ounces of this is the only select ounce (oz).
 - Update the serving weight as indicated on the Nutrient label for your food.
 - Click solve

Example

BREAD "A"
Nutrient label: 45g
Serving size: 1 slice
This means that the ounce equivalent amount will NOT match what is needed in your food log.

BREAD "B"
Nutrient label: 67.5g
Serving size: 1 slice
This means that the ounce equivalent amount will NOT match what is needed in your food log.

To provide accurate quantities, we created **Override Calculator!**

Note: The center admin/director must unlock the calculator for you. If you are sponsored, your food program sponsor must do this.

45g x 1.50 oz eq.

Ounce Equivalent Calculator
Please Select Your Bread (Alt)
Serving Size: 1 slice (oz)
Serving Weight: 45g (g)
1 Serving = 1.50 oz eq.
Solve

KidKare