

Ounce Equivalents for Centers

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CDT

Once you enable **policy M.17** to use ounce equivalents in CX and KidKare and update your food list, your centers will be able to:

- Override the ounce equivalents calculation saved to the food list when recording menus in CX and KidKare.
- View all estimated and actual quantities required in ounce equivalents.
- Record actual quantities and leftover quantities in the common unit or in ounce equivalents (depending on your setting for M.01g).

Provide the information and links in this article to your centers to help them implement ounce equivalents at their location.

Override the Food List Ounce Equivalents Calculation

This feature is available both in Minute Menu CX and in KidKare for centers. [Click here to view how to override this calculation in KidKare](#). The instructions below cover how to override the calculation in Minute Menu CX.

Note: If you lock the calculation on the food list, your centers will not be able to override it in the Record Menu window or on the Daily Menu page in KidKare.

1. Click the **Menus/Attendance** menu and select **Record Center Menus**. The Record Menu window opens.
2. Record menus as you normally would.
3. Click **Calculate Oz Eq for Bread/Alt** or **Calculate Oz Eq for Infant Cereal**. The Ounce Equivalent Calculator dialog box opens.
4. Click the **Serving Size** box and update the common serving size, if needed. Following our example above, we'll leave this set to 1 Slice.
5. Click the **Serving Weight** box and update the serving weight as stated on the nutritional label for your food. In our example, we need to change this to 45.
6. Use the corresponding **drop-down menu** to select the weight unit. This will typically be grams (g), but some labels may give the serving weight in ounces. If this is the case, select ounce (oz). Once you set the new weight, the 1 Serving = box updates and displays the total ounce equivalents in one serving of your food item. Continuing our Brand B example, you'll see that Brand B contains 1.5 oz eq in one serving vs the 1 oz eq saved to the food list for Brand A.

Ounce Equivalent Calculator

Brand A Bread

Serving Size: 1 Slices (slic)

Serving Weight: 45 Grams (g)

1 Serving = 1.50 oz eq

Save Close

Ounce Equivalent Calculator

Brand A Bread

Serving Size: 1 Slices (slic)

Serving Weight: 45 grams (g)

1 Serving = 1.50 oz eq

Cancel Save

7. Click **Save**.

View Estimated & Actual Required Quantities in Ounce Equivalents

When ounce equivalents are enabled, the Record Menu window in CX and the Daily Menu page in KidKare list quantities in the following format: Common Unit - #.## oz eq. For example, this could be 1 slice - 1.5 oz eq.

Record Menu

Please note that any food that starts with "fbg-" is a food that will be calculated in PURCHASING quantities according to the Food Buying Guide, when the others are in serving quantities.

Select Date: Thursday, August 19, 2021 Meal: Lunch

Non - Infant Foods

Bread / Alt: 100% Whole Wheat Bread ... Qty Rqd per Estimates: 2 1/2 slic - 2.50 oz eq

☐ Is this whole grain-rich?

Meat / Alt: Turkey Ground ... 7 1/2 oz

Veg: Tomatoes ... 1 1/4 c

Veg / Fruit: Watermelon ... 1 1/4 c

Milk: Lowfat Milk - 1% ... 3 3/4 c

Calculate Oz Eq for Bread/Alt Record Leftover Quantities

Meal Time
12:00p - 1:00p

Served Meals

	Actuals	Estimates
Infants 0-5 mo:	0	0
Infants 6-11 mo:	0	3
1 yr:	0	0
2 yr:	0	0
3-5 yr:	0	5
6-12 yr:	0	0
13-18 yr:	0	0
Adults:	0	0
Totals:	0	8

Use Menu Template

Special Notes

Non-Infants

Infants

Infant Foods

0-5 Months

Breast Milk / Formula: Breast Milk / Iron Fort. Inf ... Qty Rqd per Estimates

6-11 Months

Breast Milk / Formula: Breast Milk / Iron Fort. Inf ... 18 fl oz

Infant Cereal: Infant Barley Cereal ...

Meat / Alt: ...

Vegetable: ...

Fruit: Melon ...

Calculate Oz Eq - Cereal Record Leftover Quantities

Estimate Attendance

Menu Production Record Monthly Menu Report

Delete Save Close

Lunch Meal Time: 10:30 AM - 11:30 AM

Menus Create Menu

Meat/Alternate: BBQ Chicken (220) Estimated Quantity Required: 7.5 ounces (oz) Actual Quantity Served: +

Bread/Alternate: Bread (011) Estimated Quantity Required: 2.5 slices - 2.5 oz eq Actual Quantity Served: +

☐ Is this whole grain-rich?

Calculator Oz Eq for 1 serving

Vegetables: Asparagus (150) 1.25 cups (c) Actual Quantity Served: +

Fruit/Vegetable: Apples (001) 1.25 cups (c) Actual Quantity Served: +

Milk: Fluid Milk (7) 3.75 cups (c) Actual Quantity Served: +

Meal Pattern Requirements Record Leftover Quantities

Attendance Summary

Age	Estimated	Actual
1 yr	0	0
2 yr	0	0
3-5 yr	5	0
6-12 yr	0	0
13-18 yr	0	0
Adult	0	0
Total	5	0

Menu Notes

Delete Save

If you require your centers to enter actual quantities served and set policy M.01g to N, they will only see ounce equivalents reflected in the Record Menu window and on the Daily Menu page.

Record Actual Quantities & Leftover Quantities

If you have set policy M.01 to Y, your centers must record quantities served. You may also require them to record leftover quantities. Once you enable ounce equivalents, you have an additional option for your centers: M.01g. This policy dictates whether the center can enter quantities using a common unit of measurement and have CX/KidKare calculate ounce equivalents based on your food list, or whether they must simply enter

quantities directly in ounce equivalents.

If **M.01g** is set to **Y (default)**, the center simply enters quantities as they normally would:

Record Actuals

Select Date: Wednesday, August 18, 2021 Meal: Breakfast

Non - Infant Foods

	Qty	
Bread / Alt	Bagel	6 Servings (serv)
<input type="checkbox"/> Is this whole grain-rich?		12.00 oz eq
Meat / Alt	Cottage Cheese	
Veg		
Fruit	Mandarin Oranges	
Milk	Whole Milk	
Milk	1% / Skim Milk	
Milk	Substitute Milk	

Delete Save Close

Enter Actual Quantities Served

Meat/Alternate	Cottage Cheese	20	ounces (oz)
Bread/Alternate	Bagel	6	Servings (serv)
Fruit	Bananas	4	cups (c)
Milk	1% / Skim Milk	16	cups (c)
Milk	Whole Milk	0	cups (c)
Milk	Substitute Milk	0	cups (c)

Cancel Save

And Minute Menu CX or KidKare does the conversion for them. The common unit and the ounce equivalents display.

Record Actuals

Select Date: Wednesday, August 18, 2021 Meal: Breakfast

Non - Infant Foods

Bread / Alt Bagel Qty 6 Servings (serv) 12.00 oz eq

☐ Is this whole grain-rich?

Meat / Alt Cottage Cheese

Veg

Fruit Mandarin Oranges

Milk Whole Milk

Milk 1% / Skim Milk

Milk Substitute Milk

Delete Save Close

Food Program > Daily Menu

08/18/2021 Infants Non-Infants Menu Production Record Estimate Attendance

Breakfast Meal Time: 06:30 AM - 07:30 AM

Menus Create Menu

Meat/Alternate Cottage Cheese (051) Estimated Quantity Required 10.5 ounces (oz) Actual Quantity Served 20 ounces (oz)

Bread/Alternate Bagel (001) 5.25 Servings (serv) - 10.5 oz eq 6 Servings (serv) - 12 oz eq

☐ Is this whole grain-rich? (Y) (N)

☐ Calculate Oz Eq for 1 Serving

Vegetables

Fruit Bananas (004) 6.5 cups (c) 4 cups (c)

Milk Fluid Milk (7) 11.75 cups (c) 1 gallons (gal)

Meal Pattern Requirements Record Leftover Quantities

Delete Save

Attendance Summary

Age	Estimated	Actual
1 yr	0	0
2 yr	0	0
3-5 yr	5	0
6-12 yr	8	0
13-18 yr	0	0
Adult	0	0
Total	13	0

Menu Notes

If M.01g is set to N, the center must enter all quantities in ounce equivalents. They are unable to change the unit of measurement.

Record Actuals

Select Date: Wednesday, August 18, 2021 Meal: Breakfast

Non - Infant Foods

Bread / Alt Bagel Qty 12.00 ounce eq

☐ Is this whole grain-rich?

Meat / Alt Cottage Cheese

Veg

Fruit Mandarin Oranges

Milk Whole Milk

Milk 1% / Skim Milk

Milk Substitute Milk

Delete Save Close

Enter Actual Quantities Served

Meat/Alternate	Cottage Cheese	0	ounces (oz)
Bread/Alternate	Bagel	0	ounce eq.
Fruit	Bananas	0	cups (c)
Milk	1% / Skim Milk	0	cups (c)
Milk	Whole Milk	0	cups (c)
Milk	Substitute Milk	0	cups (c)

Cancel
Save

The quantities added show in ounce equivalents.

Record Actuals

Select Date: Wednesday, August 18, 2021
Meal: Breakfast

Non - Infant Foods

	Qty	
Bread / Alt	Bagel	12.00 ounce eq.
<input type="checkbox"/> Is this whole grain-rich?		
Meat / Alt	Cottage Cheese	
Veg		
Fruit	Mandarin Oranges	
Milk	Whole Milk	
Milk	1% / Skim Milk	
Milk	Substitute Milk	

Delete
Save
Close

Food Program > Daily Menu

08/18/2021
Infants
Non-Infants
Menu Production Record
Estimate Attendance

Breakfast
Meal Time: 06:30 AM - 07:30 AM

Menus
Create Menu

	Estimated Quantity Required	Actual Quantity Served
Meat/Alternate	Cottage Cheese (051)	10.5 ounces (oz)
Bread/Alternate	Bagel (001)	10.5 oz eq
<input type="checkbox"/> Is this whole grain-rich?		
<input type="button" value="Calculate Oz Eq for 1 Serving"/>		
Vegetables		
Fruit	Bananas (004)	6.5 cups (c)
Milk	Fluid Milk (7)	11.75 cups (c)

Meal Pattern Requirements
Record Leftover Quantities

Attendance Summary

Age	Estimated	Actual
1 yr	0	0
2 yr	0	0
3-5 yr	5	0
6-12 yr	8	0
13-18 yr	0	0
Adult	0	0
Total	13	0

Menu Notes

Center Resources for KidKare

If your centers use KidKare for their food program activity, you can link them to our [Grains Ounce Equivalents](#) category on the KidKare Knowledge Base. This page contains links to all knowledge content for grains ounce equivalents and how it applies to the center user. Please note that some of the content in this category does apply to independent centers only—and we've called it out where it exists.

Override Calculator Infographic

Your centers can print this useful infographic to learn how to use the override calculator in KidKare! Click the image to view the full size version.

